

Working with Personality Disorders - Level 3 Course

Key Information

Course Format:
Paper Based Course Materials

Price:
£312.00

Assessment:
Written Assignments

Payment Options:
Spread the cost over 4 monthly payments

Approximate Study Time:
100 Hours of Self Study

Initial Payment of
£153.00

Approximate Delivery Time:
1-2 Working Days (Courier Service)

Followed by 3 payments of:
£53.00



The **Working with Personality Disorders - Level 3 Course** is designed for people who wish to gain an understanding of working with personality disorders and the basic skills required to work with such complex conditions. No prior knowledge is required although a reasonable level of literacy, to at least Level Two, is advisable as is a keen interest in the subject.

On successful completion of this course students will receive an accredited Level 3 Certificate of Achievement.

Objectives:

After studying this course, students will:

- Have an understanding of personality disorders
- Understand possible causes
- Have knowledge of the different treatments available
- Be able to list sources of help and advice in a range of situations
- Have a clear understanding of how to work with these complex conditions.

The Course Includes the Following Units:-

• Unit 1 – Classifications of Personality Disorder

The following topics are covered: Diagnostic criteria - DSM; and ICD.

• Unit 2 – The History & Explanations of Personality Disorders

The following topics are covered: What are personality Disorders?; Paranoid; Schizoid; Schizo typical; Anti Social; Borderline; Histrionic; Narcissistic; Avoidant; Dependent; and Obsessive.

• Unit 3 – Presentation of Personality Disorder

The following topics are covered: Self Harm; Coping with Borderline Personality Disorder; Eating disorders; Addictions; OCD – Obsessive Compulsive Disorder; Stress; Anxiety; Depression and Bipolar; and Dissociative disorders.

• Unit 4 – Common Generalisations & Misconceptions

The following topics are covered: Manipulative; Attention seeking; Demanding; and Obstructive.

• Unit 5 – Causes of Personality Disorders

The following topics are covered: Developmental; The role of Peers; Biological; Genetic and Physical.

• Unit 6 – Treatments

The following topics are covered: Medications, Anti Depressants, Anti Psychotics and Mood Stabilizers; Psychodynamic Psychotherapy; Mentalisation based treatment (MBT); Cognitive Behaviour Therapy (CBT); Cognitive Analytic Therapy (CAT); Dialectical Behaviour Therapy (DBT); Therapeutic communities; Day hospitals; Solution Focused Therapy; Treatment research; and EMDR – Eye Movement desensitisation restructuring.

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• Unit 7 – Mediation

The following topics are covered: What is Mediation?; When is Mediation called for?; Responsibilities; Preliminaries; The introductory phase; Problem definitions; Respect the parties' abilities to reach a settlement; Caucus meetings; The second session; Teamwork; The Agreement; and Attributes of a good mediator.

• Unit 8 – Working with Personality Disorders

The following topics are covered: Therapeutic relationship; The importance of supervision; Crisis management; and Prognosis.

Prerequisites:

There are no particular entry requirements.

Course Duration & Support:

You will have access to a tutor via post or email. In addition you will be supplied with a comprehensive Study Guide which will help you through the study and assessment process.

Assessment:

You will be assessed on coursework which is detailed in the course materials. Most coursework consists of short paragraph answers to set questions. Your work can be sent back to your course tutor by email or by post.

Certification:

At the end of this course successful learners will receive a Certificate of Achievement from ABC Awards and Certa Awards and a Learner Unit Summary (which lists the components the learner has completed as part of the course). The course has been endorsed under the ABC Awards and Certa Awards Quality Licence Scheme. This means that Kendal Publishing has undergone an external quality check to ensure that the organisation and the courses it offers, meet defined quality criteria. The completion of this course alone does not lead to a regulated qualification* but may be used as evidence of knowledge and skills gained.

The Learner Unit Summary may be used as evidence towards Recognition of Prior Learning if you wish to progress your studies in this subject. To this end the learning outcomes of the course have been benchmarked at Level 3 against level descriptors published by Ofqual, to indicate the depth of study and level of demand/complexity involved in successful completion by the learner. Information on level descriptors can be found on the Ofqual's level descriptors page. We provide a link to this on each course page of our website.

The course itself has been designed by Kendal Publishing to meet specific learners' and/or employers' requirements which cannot be satisfied through current regulated qualifications. ABC Awards & Certa Awards endorsement involves robust and rigorous quality audits by external auditors to ensure quality is continually met. A review of courses is carried out as part of the endorsement process.

ABC Awards and Certa Awards have long-established reputations for providing high quality vocational qualifications across a wide range of industries. ABC Awards and Certa Awards combine over 180 years of expertise combined with a responsive, flexible and innovative approach to the needs of our customers.

Renowned for excellent customer service, and quality standards, ABC Awards and Certa Awards also offer regulated qualifications for all ages and abilities post-14; all are developed with the support of relevant stakeholders to ensure that they meet the needs and standards of employers across the UK.

*Regulated qualification refers to those qualifications that are regulated by Ofqual / CCEA / Qualification Wales